

1

00:00:00,000 --> 00:00:05,800

On this edition of Sightings, scientists move one step closer to a Bigfoot encounter.

2

00:00:05,800 --> 00:00:08,800

It's a very tough, tough to find one of these things.

3

00:00:08,800 --> 00:00:12,120

I think we're the people who are going to find one, almost certainly.

4

00:00:12,120 --> 00:00:14,320

A paralyzed boy, praised for death.

5

00:00:14,320 --> 00:00:17,840

It was definitely, it was possessed.

6

00:00:17,840 --> 00:00:20,120

A supernatural light guides him home.

7

00:00:20,120 --> 00:00:22,120

I came back and I was a different man.

8

00:00:22,120 --> 00:00:23,920

Man, alien abduction.

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00:00:23,920 --> 00:00:24,920

Could you be next?

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00:00:24,920 --> 00:00:27,600

In the beginning, I thought I was going crazy.

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00:00:27,600 --> 00:00:32,320

I know something has happened to me, but I was in extreme denial.

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00:00:32,320 --> 00:00:36,640

And later, these people have seen a vision of their future lives.

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00:00:36,640 --> 00:00:40,480

I was a little afraid the first time when I experienced my death in this life.

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00:00:57,600 --> 00:01:14,520

Welcome to Sightings.

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00:01:14,520 --> 00:01:16,160

I'm Tim White.

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00:01:16,160 --> 00:01:20,160

In business, competition and secrecy are par for the course.

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00:01:20,160 --> 00:01:23,160

Well the same holds true for paranormal investigators.

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00:01:23,160 --> 00:01:27,520

That's a problem, especially for investigators in search of Bigfoot, who need to keep track

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00:01:27,520 --> 00:01:30,640

of sightings and possible migration patterns.

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00:01:30,640 --> 00:01:35,800

Now, one organization is trying to collect every report, footprint and eyewitness account

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00:01:35,800 --> 00:01:46,640

into one communal database.

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00:01:46,640 --> 00:01:50,800

It's called the Bigfoot Research Project, headquartered here in the heart of Bigfoot

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00:01:50,800 --> 00:01:54,200

Country, the Cascade Mountains of the Pacific Northwest.

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00:01:54,200 --> 00:01:59,920

For the first time, Sasquatch is online and every possible sighting, noise, footprint,

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00:01:59,920 --> 00:02:05,440

hair sample and anecdote is being checked out, cross-referenced and rechecked.

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00:02:05,440 --> 00:02:09,140

Already the computer analysis is paying off.

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00:02:09,140 --> 00:02:12,840

This color film was shot by Roger Patterson in 1967.

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00:02:12,840 --> 00:02:15,600

It has never been proven to be a hoax.

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00:02:15,600 --> 00:02:18,720

These are footprints shot on videotape just weeks ago.

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00:02:18,720 --> 00:02:22,760

They were discovered in the same area the Patterson footage was shot and the size of

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00:02:22,760 --> 00:02:27,720

the prints and the length of the stride correspond exactly to the creature discovered 25 years

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00:02:27,720 --> 00:02:30,160

earlier.

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00:02:30,160 --> 00:02:34,360

One of the questions that arises is when is one going to be found?

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00:02:34,360 --> 00:02:35,680

There's no answer to that.

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00:02:35,680 --> 00:02:39,400

Today, a week from now, 10 years from now, nobody knows.

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00:02:39,400 --> 00:02:40,400

There are no guarantees.

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00:02:40,400 --> 00:02:44,400

The way we're going with our project, which is a very sophisticated project, I think we're

38

00:02:44,400 --> 00:02:47,200

the people who are going to find one almost certainly.

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00:02:47,200 --> 00:02:52,560

The project is receiving grant money from the Academy of Applied Science in Boston, Massachusetts.

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00:02:52,560 --> 00:02:57,520

This prestigious institution believes Peter Byrne deserves a chance to bring one in alive.

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00:02:57,520 --> 00:02:58,520

It's not easy.

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00:02:58,520 --> 00:03:00,880

It's a very tough task to find one of these things.

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00:03:00,880 --> 00:03:06,920

We're dealing with something which is shy and elusive, very wary of man, which has

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00:03:06,920 --> 00:03:11,400

an enormous area to live in and to hide in and it's not going to be found easily.

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00:03:11,400 --> 00:03:15,520

While sightings were shooting this interview, a call came in to the project.

46

00:03:15,520 --> 00:03:20,080

Independent eyewitnesses were reporting something moving at the base of Mount Hood.

47

00:03:20,080 --> 00:03:22,080

Byrne's team responded immediately.

48

00:03:22,080 --> 00:03:26,680

They're clearly visible and they definitely are primates of some kind.

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00:03:26,680 --> 00:03:30,520

They are walking upright and they're moving fairly fast.

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00:03:30,520 --> 00:03:35,600

And the time we've been here, they've moved about 200 yards, maybe 250 yards.

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00:03:35,600 --> 00:03:38,960

Analysis identified the two lower dark areas as rocks.

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00:03:38,960 --> 00:03:44,120

Above these rocks, two shapes were moving at approximately two miles an hour.

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00:03:44,120 --> 00:03:48,720

There were no reports of hikers at that time, but the distance was too great to confirm this

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00:03:48,720 --> 00:03:50,680

as a big-vote sighting.

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00:03:50,680 --> 00:03:54,240

Foot will be used to corroborate any other sightings in the same area.

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00:03:54,240 --> 00:03:59,040

Photographs like this one come in every day, but Byrne quickly rules out all but a very

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00:03:59,040 --> 00:04:00,040

few.

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00:04:00,040 --> 00:04:01,040

This is a fake footprint.

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00:04:01,040 --> 00:04:02,040

It's very square.

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00:04:02,040 --> 00:04:04,000

You can see the line of the turrets across the top here.

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00:04:04,000 --> 00:04:05,080

Simply straight, which is wrong.

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00:04:05,080 --> 00:04:06,320

They should be angled.

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00:04:06,320 --> 00:04:10,280

And then the sides are dead straight and it's recognizable as a fake footprint, probably

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00:04:10,280 --> 00:04:12,800

made with a wooden mold or some kind.

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00:04:12,800 --> 00:04:14,400

This is an important videotape.

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00:04:14,400 --> 00:04:17,600

The Bigfoot Research Project is concentrated on right now.

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00:04:17,600 --> 00:04:22,520

It's from Northern California and it's from late last year.

68

00:04:22,520 --> 00:04:29,360

And the photographers say that in here, in the center of the picture there, just there.

69

00:04:29,360 --> 00:04:30,360

The dark area.

70

00:04:30,360 --> 00:04:31,440

The dark area.

71

00:04:31,440 --> 00:04:34,400

You can see something and you can see something moving.

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00:04:34,400 --> 00:04:39,120

Independent Bigfoot researchers Scott Harriet and Daryl Owen captured these images in Northern

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00:04:39,120 --> 00:04:40,400

California.

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00:04:40,400 --> 00:04:44,360

It was their first face-to-face encounter with an elusive creature they'd been tracking

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00:04:44,360 --> 00:04:46,440

for 10 years.

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00:04:46,440 --> 00:04:49,360

I can see him pointing at something after about 29 seconds.

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00:04:49,360 --> 00:04:52,680

He then lowered the camera, looked at me and started crying.

78

00:04:52,680 --> 00:04:56,280

I mean, he literally had a little minor break, started crying and said, let's get out of

79

00:04:56,280 --> 00:04:57,280

here.

80

00:04:57,280 --> 00:04:58,280

I was very scared at that point as well.

81

00:04:58,280 --> 00:04:59,280

We went down the hill.

82

00:04:59,280 --> 00:05:02,960

I'm crying at this moment, so excuse my voice.

83

00:05:02,960 --> 00:05:04,960

It's right here.

84

00:05:04,960 --> 00:05:06,440

You can see it.

85

00:05:06,440 --> 00:05:07,440

Okay.

86

00:05:07,440 --> 00:05:10,680

The footage is being analyzed at Wonderfilm Design.

87

00:05:10,680 --> 00:05:15,760

Here advanced computer enhancement technology allows researchers to take a closer look.

88

00:05:15,760 --> 00:05:19,120

Right here would be the head and the arm down this way.

89

00:05:19,120 --> 00:05:20,960

And let me rock back and forth here.

90

00:05:20,960 --> 00:05:26,560

And as you can see, that it's something right there is moving while everything else in the

91

00:05:26,560 --> 00:05:28,840

picture stays static.

92

00:05:28,840 --> 00:05:34,000

There is something unusual moving in the thick woods of the Cascade Range, but the Bigfoot

93

00:05:34,000 --> 00:05:37,400

Research Project remains cautious in their optimism.

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00:05:37,400 --> 00:05:43,080

Hokes' are rampant in a field where film and videotape are considered still the best evidence.

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00:05:43,080 --> 00:05:47,840

Especially in the 1960s and 70s, it seemed like everyone with a first suit and a lot of

96

00:05:47,840 --> 00:05:53,200

spare time was coming up with supposedly authentic photographic evidence.

97

00:05:53,200 --> 00:05:57,760

Only a few pieces of photographic evidence have deserved serious attention.

98

00:05:57,760 --> 00:06:01,720

But even these compelling images aren't enough to satisfy scientists.

99

00:06:01,720 --> 00:06:06,160

I have to say that I'm a skeptic regarding the Sasquatch.

100

00:06:06,160 --> 00:06:11,320

It would probably be if we were able to verify its existence the most exciting biological

101

00:06:11,320 --> 00:06:13,400

find of the century.

102

00:06:13,400 --> 00:06:21,840

Until we find physical evidence that's indisputable, I think that all scientists have to take a

103

00:06:21,840 --> 00:06:24,920

rather pessimistic view as to its existence.

104

00:06:24,920 --> 00:06:30,400

Wildlife biologist John Bindernegel is one scientist who no longer shares the pessimistic

105

00:06:30,400 --> 00:06:34,640

view of his mainstream colleagues.

106

00:06:34,640 --> 00:06:39,480

I was very slow to come out of the closet, very slow to talk about this.

107

00:06:39,480 --> 00:06:42,600

I was concerned about my employability.

108

00:06:42,600 --> 00:06:46,080

Biologists weren't really accepting this as an actual animal.

109

00:06:46,080 --> 00:06:47,680

So I still remain very quiet.

110

00:06:47,680 --> 00:06:50,240

And I'm not sure why in the end I came out.

111

00:06:50,240 --> 00:06:57,060

I guess I found in the last few years talking to people that people weren't as disbelieving

112

00:06:57,060 --> 00:06:58,440

as they used to be.

113

00:06:58,440 --> 00:07:03,440

One reason may be the overwhelming number of anomalous tracks recently cited in Washington

114

00:07:03,440 --> 00:07:04,440

state.

115

00:07:04,440 --> 00:07:07,600

Down through here, there's a heel spot right here.

116

00:07:07,600 --> 00:07:11,320

It's about three to four inch wide here.

117

00:07:11,320 --> 00:07:17,400

Comes up across and here's a toe down through here.

118

00:07:17,400 --> 00:07:19,400

In this area.

119

00:07:19,400 --> 00:07:24,960

In this particular area there are two that are hanging in this area here.

120

00:07:24,960 --> 00:07:30,160

They've been here for better than a year now that they've had people who have seen them.

121

00:07:30,160 --> 00:07:35,040

Skeptical scientists put Bigfoot into the same mythological creature category as leprechauns,

122

00:07:35,160 --> 00:07:36,920

fairies and gnomes.

123

00:07:36,920 --> 00:07:41,000

But Bigfoot researchers asked, when was the last time you saw color film of a leprechaun?

124

00:07:41,000 --> 00:07:43,160

Have you ever seen the footprints of a gnome?

125

00:07:43,160 --> 00:07:44,760

Well, of course not.

126

00:07:44,760 --> 00:07:47,080

Bigfoot is different, they insist.

127

00:07:47,080 --> 00:07:54,080

He's out there somewhere and finding him is just a matter of timing, patience and luck.

128

00:07:54,080 --> 00:07:58,400

You would think that every inch of the Pacific Northwest would have been scoured by now.

129

00:07:58,400 --> 00:08:03,880

But since 1948, over 50 airplanes have crashed in Washington state.

130

00:08:03,880 --> 00:08:05,960

Remember to be seen again.

131

00:08:05,960 --> 00:08:12,160

If large reflective metal craft have remained undetected for as long as 50 years, perhaps

132

00:08:12,160 --> 00:08:17,640

it's not so far-fetched that researchers have yet to recover a Bigfoot.

133

00:08:17,640 --> 00:08:22,000

Coming up, a young boy's encounter with a supernatural light saves him from certain

134

00:08:22,000 --> 00:08:23,000

death.

135

00:08:23,000 --> 00:08:31,440

It was very dark and lonely and that was just replaced by a brilliant light.

136

00:08:31,440 --> 00:08:35,160

What happened to Will Barton was nothing short of a tragedy.

137

00:08:35,160 --> 00:08:40,120

After a serious fall, doctors told the 16-year-old that it would be a miracle if he ever walked

138

00:08:40,120 --> 00:08:41,360

again.

139

00:08:41,360 --> 00:08:46,760

Will Barton believes that first angels and then a near-death experience created that

140

00:08:46,760 --> 00:08:51,480

miracle in his life.

141

00:08:51,480 --> 00:08:56,640

Will's transformation began here on the family's thousand-acre ranch in Carmen, Idaho.

142

00:08:56,640 --> 00:09:01,800

They call it God's Country, a clean, safe place to raise a family, a place that tragedy

143

00:09:01,800 --> 00:09:02,800

usually forgets.

144

00:09:02,800 --> 00:09:06,760

We were having a family reunion and all of my brother's sisters were together for the

145

00:09:06,760 --> 00:09:11,720

first time in probably five years and we were having a really enjoyable time together.

146

00:09:11,720 --> 00:09:18,320

We had decided that we would have Christmas before everybody went home and William was

147

00:09:18,320 --> 00:09:20,520

assigned to get the Christmas tree.

148

00:09:20,520 --> 00:09:25,360

Will and his friend Matt volunteered to drive into the mountains in search of the perfect

149

00:09:25,360 --> 00:09:27,680

Christmas tree.

150

00:09:27,680 --> 00:09:30,880

And just boom, I saw the tree I wanted.

151

00:09:30,880 --> 00:09:33,360

It was just beautiful.

152

00:09:33,360 --> 00:09:38,440

Will wanted to climb the tree and cut off just the top, but his friend warned him it was

153

00:09:38,440 --> 00:09:40,200

too dangerous.

154

00:09:40,200 --> 00:09:42,040

I didn't see any danger.

155

00:09:42,040 --> 00:09:43,680

The hill was very, very steep.

156

00:09:43,680 --> 00:09:47,360

The tree was very, very tall and it was starting to get dark.

157

00:09:47,360 --> 00:09:52,520

It was definitely like I was possessed to get the tree.

158

00:09:52,520 --> 00:09:56,640

After a brief breathtaking moment at the top, Will's life changed forever.

159

00:09:56,640 --> 00:10:03,720

I just was enjoying the beauty when I could feel my arms scrambling out, trying to find

160

00:10:03,720 --> 00:10:06,040

branches, but I didn't have any control.

161

00:10:06,040 --> 00:10:09,840

I remember hitting the ground, but it wasn't very intense.

162

00:10:09,840 --> 00:10:15,080

Like you might think, it was just like jelly spotting on the floor and I couldn't feel

163

00:10:15,080 --> 00:10:16,480

anything.

164

00:10:16,480 --> 00:10:19,400

Will had fallen 50 feet into a steep ravine.

165

00:10:19,400 --> 00:10:21,600

His friend Matt needed help to rescue him.

166

00:10:21,960 --> 00:10:23,240

We were all in the home.

167

00:10:23,240 --> 00:10:29,720

Some of us were playing games, playing with the kids, and all of a sudden one of the brothers

168

00:10:29,720 --> 00:10:31,560

ran in and said, somebody's been hurt.

169

00:10:31,560 --> 00:10:35,800

So we started putting up a search and we searched and we searched and we searched and finally

170

00:10:35,800 --> 00:10:37,480

we found him.

171

00:10:37,480 --> 00:10:41,240

Will's sister Julie and brother Brad scrambled down the rocky slope.

172

00:10:41,240 --> 00:10:44,160

The temperature was dropping rapidly and there was snow.

173

00:10:44,160 --> 00:10:47,000

They struggled to carry Will up to the road but couldn't.

174

00:10:47,000 --> 00:10:50,880

They needed more strength and stomped on the cliffside to ask for that strength through

175

00:10:50,880 --> 00:10:51,880

prayer.

176

00:10:51,880 --> 00:11:02,720

Will told us later that he saw several what he perceived to be white men, angels so to

177

00:11:02,720 --> 00:11:07,720

speak, just come out of heaven and just carry him up the rest of the way out of the mountain.

178

00:11:07,720 --> 00:11:08,720

And it was incredible.

179

00:11:08,720 --> 00:11:14,880

Our strength was totally renewed and we just went up the rest of the way.

180

00:11:15,160 --> 00:11:21,400

This angelic vision and his rescuers renewed strength may have been key to Will's survival.

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00:11:21,400 --> 00:11:27,440

Will was rushed from the scene to a local hospital and the nightmare was just beginning.

182

00:11:27,440 --> 00:11:31,840

When Will arrived in the emergency room he was hypothermic, meaning he had a low body

183

00:11:31,840 --> 00:11:36,560

temperature from lying in the snow for a couple of hours.

184

00:11:36,560 --> 00:11:40,720

He was totally paralyzed although he was breathing on his own.

185

00:11:40,720 --> 00:11:48,720

We did a portable neck x-ray after he had been stabilized and that x-ray revealed a fracture

186

00:11:48,720 --> 00:11:54,800

dislocation of cervical vertebrae C4 on C5.

187

00:11:54,800 --> 00:12:03,480

I remember doctor, the doctor examining me and saying he had a needle or he had a sharp

188

00:12:03,480 --> 00:12:06,440

something sharp and he was saying do you feel this?

189

00:12:06,440 --> 00:12:08,440

No, do you feel this?

190

00:12:08,440 --> 00:12:10,440

No, do you feel this?

191

00:12:11,360 --> 00:12:17,000

Will was immediately transferred to the intensive care unit at St. Patrick's Hospital in Missoula,

192

00:12:17,000 --> 00:12:18,000

Montana.

193

00:12:18,000 --> 00:12:24,080

Prognosis was not good and Will began to deteriorate physically and mentally.

194

00:12:24,080 --> 00:12:32,720

When someone is totally out the chances of recovering are as near zero as you can get.

195

00:12:32,720 --> 00:12:38,880

He just laid there and kind of like he was in a trance and I said what's happening, Will?

196

00:12:38,880 --> 00:12:42,080

And he says I'm just practicing being a vegetable.

197

00:12:42,080 --> 00:12:49,520

To me it's the most single devastating injury that people get because they're locked inside

198

00:12:49,520 --> 00:12:52,000

a body, they can't do anything.

199

00:12:52,000 --> 00:12:58,000

It comes as a sudden thing and almost every instance from one minute laughing, having a

200

00:12:58,000 --> 00:13:05,680

good time to all of a sudden oh I've done something I shouldn't have done and now can

201

00:13:05,680 --> 00:13:08,760

you put me back together and we say no we can't.

202

00:13:08,760 --> 00:13:13,480

I'd pray at night and my prayer was please let me die.

203

00:13:13,480 --> 00:13:20,320

If I could I would have taken my life but I couldn't, I couldn't move so I did the only

204

00:13:20,320 --> 00:13:21,640

thing I could do.

205

00:13:21,640 --> 00:13:24,640

I asked my mother.

206

00:13:24,640 --> 00:13:28,680

He says if you really loved me you'd get me out of my mystery and you'd take this pillow

207

00:13:28,680 --> 00:13:30,680

and put over my face.

208

00:13:30,680 --> 00:13:37,880

She just looked back at me with loving eyes and didn't say, couldn't respond.

209

00:13:37,880 --> 00:13:41,280

Will had lost all hope of ever being able to walk again.

210

00:13:41,280 --> 00:13:46,920

He became uncooperative and refused to participate in rehabilitation exercises.

211

00:13:46,920 --> 00:13:50,440

Then an unfortunate mistake changed Will's life once again.

212

00:13:50,440 --> 00:13:56,560

They got me on the tilt table and tilted me up way too fast and I do remember I could

213

00:13:56,560 --> 00:14:04,920

see the floor for the first time in my new life and I could feel the blood just running

214

00:14:04,920 --> 00:14:10,320

out of my head and the room started to get a little bit dark and splotchy.

215

00:14:10,320 --> 00:14:16,320

And he just passed out and the nurse couldn't get a blood pressure, we couldn't get a heartbeat.

216

00:14:16,320 --> 00:14:24,120

I want to die and all those prayers that I'd said every night were answered.

217

00:14:24,120 --> 00:14:34,440

It was very dark and lonely and that was just replaced by a brilliant, brilliant light that

218

00:14:34,440 --> 00:14:40,760

just completely drowned the darkness and the whole soul which is completely immersed

219

00:14:40,760 --> 00:14:42,200

in this light.

220

00:14:42,200 --> 00:14:45,160

Will says the light offered him a choice.

221

00:14:45,160 --> 00:14:50,760

To die and go over this light was taking me or breathe and live.

222

00:14:50,760 --> 00:14:55,680

He started to turn blue by this time the other nurse had gotten oxygen to him.

223

00:14:55,680 --> 00:15:01,520

And as I laid there consumed by this light with the choice to make about quitting I thought

224

00:15:01,520 --> 00:15:09,960

about meeting my God and looking at him and saying I quit and I couldn't do that.

225

00:15:09,960 --> 00:15:15,840

And then his diaphragm started taking over again and he was breathing shallowly again.

226

00:15:15,840 --> 00:15:18,560

I came back and I was a different man.

227

00:15:18,560 --> 00:15:25,040

I could just feel my face shining and I just glowed.

228

00:15:25,040 --> 00:15:30,200

Will says he was transformed by the experience that took him to the very brink of death.

229

00:15:30,200 --> 00:15:35,000

I've heard and read of these various episodes of people seeing the light and the tunnel

230

00:15:35,000 --> 00:15:43,000

of light and the near death experiences and I'm sure that there's something that occurs.

231

00:15:43,000 --> 00:15:46,360

I don't think we have any scientific explanation.

232

00:15:46,360 --> 00:15:50,160

Before the accident William was very shy after his experience.

233

00:15:50,160 --> 00:15:55,600

It was like the dam broke and his whole being came out and we got to know William at that

234

00:15:55,600 --> 00:15:56,600

point.

235

00:15:56,840 --> 00:16:05,960

I was going to live my life and the doctors kept saying you'll never walk again will.

236

00:16:05,960 --> 00:16:10,160

But Will's near death experience had given him a new determination and he began to have

237

00:16:10,160 --> 00:16:12,480

hints of feeling throughout his body.

238

00:16:12,480 --> 00:16:17,040

He moved his toe and we were so excited I remember running out to the barn and I'm going

239

00:16:17,040 --> 00:16:21,320

to my twin brother and saying Rick, Rick he moved his toe and we just sat there and held

240

00:16:21,320 --> 00:16:25,080

each other and cried over a toe movement.

241

00:16:25,160 --> 00:16:29,320

He was almost like every week we'd get a new phone call saying he's sat up, he's

242

00:16:29,320 --> 00:16:31,200

you know walking now, he's standing up.

243

00:16:31,200 --> 00:16:36,280

What happened to Will when he saw that intense light cannot be easily explained.

244

00:16:36,280 --> 00:16:40,320

His family attributes the transformation to their prayers and faith.

245

00:16:40,320 --> 00:16:43,480

Doctors have a harder time explaining Will's recovery.

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00:16:43,480 --> 00:16:48,800

Conventional medical wisdom would have said that he would be totally paralyzed for life

247

00:16:48,800 --> 00:16:52,320

and I certainly would call this a miracle.

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00:16:52,320 --> 00:17:00,240

If you define a miracle as something that occurs very, very rarely, I mean it's probably

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00:17:00,240 --> 00:17:03,320

somewhat analogous to winning the lottery.

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00:17:03,320 --> 00:17:11,480

He's had a chance to have his life, to lose his life as he knows it and to have a back

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00:17:11,480 --> 00:17:15,680

again and that's something that very few people get the chance to do in this life.

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00:17:16,480 --> 00:17:25,800

Since his near fatal accident Will Barton has gone from paralysis to first a walker,

253

00:17:25,800 --> 00:17:30,160

then braces, a cane and now he walks on his own.

254

00:17:30,160 --> 00:17:33,960

Doctors have stopped putting limits on what he may be capable of next.

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00:17:33,960 --> 00:17:38,080

With his recovery in full swing, Will is on to the next challenge.

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00:17:38,080 --> 00:17:40,680

He's enrolled in college.

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00:17:40,680 --> 00:17:43,280

What is intuition more than a feeling?

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00:17:43,280 --> 00:17:45,840

Is it a psychic ability we all possess?

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00:17:45,840 --> 00:17:54,160

25% of Americans tend to rely on their intuition.

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00:17:54,160 --> 00:17:59,360

Intuition has been described as knowing something without knowing how you know it.

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00:17:59,360 --> 00:18:04,880

It's also called gut instinct, hunch or even ESP.

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00:18:04,880 --> 00:18:09,960

Some researchers believe that intuition is a spark and that many people can be taught

263

00:18:09,960 --> 00:18:16,920

how to take that spark and use it to ignite a greater psychic power.

264

00:18:16,920 --> 00:18:19,480

Intuition is knowing without knowing how you know.

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00:18:19,480 --> 00:18:23,440

And for some people that means you get a flash, you see something in your mind's eye, you

266

00:18:23,440 --> 00:18:27,920

hear an inner voice that says, you know, don't trust that person when you first meet them.

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00:18:27,920 --> 00:18:34,280

It's a way of knowing something that goes beyond what we think of as rational, logical

268

00:18:34,680 --> 00:18:35,680

knowing.

269

00:18:35,680 --> 00:18:41,080

Author Laurie Nadell believes the so-called sixth sense is present in everyone and that

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00:18:41,080 --> 00:18:44,360

a lot of people use their intuitive power without even knowing it.

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00:18:44,360 --> 00:18:48,120

How you perform in the workplace is a good indication of whether or not you're tapping

272

00:18:48,120 --> 00:18:50,120

into your psychic power.

273

00:18:50,120 --> 00:18:54,120

Certain people will go in and they'll do, you know, a lot of studies and they'll do time

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00:18:54,120 --> 00:18:59,320

management studies and cost analysis and they'll get all the numbers and all the data and then

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00:18:59,320 --> 00:19:03,440

you'll have somebody who's like a troubleshooter who's kind of a maverick and that person might

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00:19:03,480 --> 00:19:08,000

go in and say, look, I want to talk to these three people and they'll talk to three people

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00:19:08,000 --> 00:19:12,680

for 20 minutes apiece and they'll come up with a big picture of what's wrong.

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00:19:12,680 --> 00:19:17,440

Long-term studies are now testing for intuitive ability, trying to determine if certain people

279

00:19:17,440 --> 00:19:20,480

are more psychically tuned in than others.

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00:19:20,480 --> 00:19:27,480

25% of Americans tend to rely on their intuition and 75% tend to use their five physical senses.

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00:19:28,480 --> 00:19:35,480

Now the same studies when given to children, they find that 51% of children like to rely

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00:19:35,480 --> 00:19:40,040

on their intuition for problem solving and a lot of people come to me saying, you know,

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00:19:40,040 --> 00:19:45,160

when I was a child, it seemed to me that it was more natural for me, it was easier for

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00:19:45,160 --> 00:19:50,600

me to trust my feelings, to trust my instincts, you know, to come up with quick answers and

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00:19:50,600 --> 00:19:52,760

now I'm always second guessing myself.

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00:19:52,760 --> 00:19:54,400

I know mine was activated.

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00:19:54,400 --> 00:20:01,400

I didn't realize that I had this and it seems to occur for me in very threatening, life-threatening,

288

00:20:02,200 --> 00:20:06,080

fearful situations or in very intense cases.

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00:20:06,080 --> 00:20:12,680

They're going to make the arrest if it was, of course, state lines against her will, yes.

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00:20:12,680 --> 00:20:17,520

Jane Finnegan believes it was her intuitive ability that kept her alive during the 14

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00:20:17,520 --> 00:20:20,600

years she served as a New York City police officer.

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00:20:20,600 --> 00:20:22,320

Today she's a private investigator.

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00:20:22,600 --> 00:20:25,120

They went to bed and apparently everything was fine.

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00:20:25,120 --> 00:20:29,320

When you have a missing person, there'll be a certain format that you'll follow.

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00:20:29,320 --> 00:20:35,320

You'll find out if they had a driver's license, if they had a vehicle, evidence and things

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00:20:35,320 --> 00:20:37,040

to lead you in an area.

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00:20:37,040 --> 00:20:44,040

But I believe that what tangent you choose is generally an instinct and intuitive sense.

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00:20:44,920 --> 00:20:48,920

I'm sure my boss would have like a stroke as I'm saying this, but it is true.

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00:20:48,920 --> 00:20:54,080

Doctors now believe that women are able to pick up on kind of subliminal cues and eye

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00:20:54,080 --> 00:21:01,080

movements, breathing, posture, physiology, pupils dialing, very subtle cues that men

301

00:21:01,680 --> 00:21:03,160

may not be aware of.

302

00:21:03,160 --> 00:21:07,920

Out of that, they are able to come up with a picture that this is somebody to trust or

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00:21:07,920 --> 00:21:09,960

this is somebody not to trust.

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00:21:09,960 --> 00:21:16,080

I've had a number of women come to me and say, this is a fairly common story.

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00:21:16,080 --> 00:21:20,400

My husband had a business partner and he brought his business partner in for dinner.

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00:21:20,400 --> 00:21:25,480

And I told him after dinner, Fred, don't do it, this man is going to take advantage of

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00:21:25,480 --> 00:21:29,200

you, you're going to get hurt, you're going to get into trouble.

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00:21:29,200 --> 00:21:33,240

And in each of these stories, of course, the man had gone off and hired the business partner,

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00:21:33,240 --> 00:21:37,480

gotten into business with him and a year and a half later they found that the partner had

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00:21:37,480 --> 00:21:41,400

embezzled or they were bankrupt or he had stolen or he had done something.

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00:21:41,400 --> 00:21:48,400

I've come so much to trust my intuition that I really was able to develop my psychic abilities

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00:21:49,400 --> 00:21:53,800

and I have since become a professional psychic and my home life is very exciting and interesting

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00:21:53,800 --> 00:21:57,640

for me because my husband is a physicist and I was even in touch with people at Princeton

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00:21:57,640 --> 00:22:02,480

Stanford, a lot of big universities are doing work on what we already know.

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00:22:02,480 --> 00:22:03,960

We already know this.

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00:22:03,960 --> 00:22:08,400

Not everyone has the potential to be a professional psychic, but there are ways to better develop

317

00:22:08,400 --> 00:22:09,400

your own intuition.

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00:22:09,400 --> 00:22:14,120

It's kind of like the old joke about Carnegie Hall, practice, practice, practice.

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00:22:14,120 --> 00:22:18,540

Part of what you're learning how to do is to focus your attention, then you can actually

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00:22:18,540 --> 00:22:25,540

ask your intuition or ask your hunches or gut feelings to give you answers to questions.

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00:22:26,040 --> 00:22:31,160

Beyond semantics, is there a difference between intuition and ESP?

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00:22:31,160 --> 00:22:36,000

Are experts to find intuition as foresight based on some degree of prior knowledge, no

323

00:22:36,000 --> 00:22:39,320

matter how small that knowledge may be?

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00:22:39,320 --> 00:22:44,240

Psychic ability on the other hand is foresight without any prior knowledge.

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00:22:44,240 --> 00:22:47,920

Coming up, alien abduction, fantasy or fact.

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00:22:47,920 --> 00:22:52,600

Either there's something very special about this fantasy or it's not a fantasy.

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00:22:52,600 --> 00:22:53,600

Could you be next?

328

00:22:53,600 --> 00:22:59,600

Then, have these people traveled through time and a musical crop circle mystery?

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00:23:04,400 --> 00:23:09,160

When the first reported case of alien abduction, the Betty and Barney Hill case, occurred

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00:23:09,160 --> 00:23:10,920

in 1961.

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00:23:10,920 --> 00:23:16,080

Most serious researchers felt that it was just a blip on the paranormal screen.

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00:23:16,080 --> 00:23:22,080

But since then, thousands of seemingly credible people have made similar claims.

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00:23:22,080 --> 00:23:29,080

There's this big black triangle just moving real slow across the sky and kind of fall

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00:23:29,080 --> 00:23:36,080

it over, launched it, and it got to about here, kind of stopped, tipped it a little bit,

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00:23:37,080 --> 00:23:41,720

made a hissing sound, and it kind of continued on toward the north real slow and it just

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00:23:41,720 --> 00:23:42,720

kept watching it.

337

00:23:42,720 --> 00:23:46,360

I could see some little detail in the back, like little circles and a little square, and

338

00:23:46,360 --> 00:23:51,360

I remember thinking, well that's where I went in through, was the bottom of it.

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00:23:51,360 --> 00:23:53,440

Brian Koski is not lying.

340

00:23:53,440 --> 00:23:56,600

He honestly believes he's been inside an alien spacecraft.

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00:23:56,600 --> 00:24:01,040

He isn't trying to sell a book or get his proverbial 15 minutes of fame.

342

00:24:01,040 --> 00:24:02,520

He wants answers.

343

00:24:02,520 --> 00:24:04,400

What is happening to him?

344

00:24:04,400 --> 00:24:10,160

The experts have radically different opinions about the root causes of his encounters.

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00:24:10,160 --> 00:24:11,880

It's what we call waking dreams.

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00:24:11,880 --> 00:24:18,880

When people start to fall asleep, many occasions, they have a mixture, a peculiar mixture of

347

00:24:18,880 --> 00:24:21,640

reality and fantasy or dreams.

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00:24:21,640 --> 00:24:26,840

And in this particular state of consciousness, which is an altered state, they see little

349

00:24:26,840 --> 00:24:32,000

aliens and they see spaceships and lights in the sky and so on.

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00:24:32,000 --> 00:24:37,480

People working with more than 125 alleged abductees, psychiatrist Dr. Richard Boylan

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00:24:37,480 --> 00:24:41,280

believes the abduction experience goes far beyond dreaming.

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00:24:41,280 --> 00:24:48,040

I was pretty skeptical personally, but when I saw people who were very mentally sound

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00:24:48,040 --> 00:24:53,600

talking about these experiences and having nothing to gain by putting them out there

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00:24:53,600 --> 00:24:58,320

and lots to lose, I had to start taking them seriously.

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00:24:58,320 --> 00:25:04,120

Dr. Boylan encourages his patients to draw pictures of their extraterrestrial experiences.

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00:25:04,120 --> 00:25:09,000

These images often arise during hypnotherapy sessions where repressed memories are supposedly

357

00:25:09,000 --> 00:25:10,520

brought to the fore.

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00:25:10,520 --> 00:25:15,280

Skeptics say these memories are unreliable, but in the case of Connie Smith, she not only

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00:25:15,280 --> 00:25:19,920

has memories and visions, she believes she also has physical evidence.

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00:25:19,920 --> 00:25:25,400

I just woke up in the morning and I did have that groggy feeling that, you know, like I've

361

00:25:25,400 --> 00:25:29,320

been up all night, yet I got an eight hour sleep.

362

00:25:29,320 --> 00:25:36,880

And I sat down on the couch and I looked down and I had a mark just above my knee and there

363

00:25:36,880 --> 00:25:38,040

was no pain to it.

364

00:25:38,040 --> 00:25:40,920

You could poke and poke at it and there was no pain.

365

00:25:40,920 --> 00:25:45,720

And then I had a little scab in my belly button with a little pinhole puncture mark in the

366

00:25:45,720 --> 00:25:47,040

middle.

367

00:25:47,040 --> 00:25:50,640

And for the most part, I just kind of kicked it out, didn't think anything of it until

368

00:25:50,640 --> 00:25:52,280

my daughter came to me.

369

00:25:52,280 --> 00:25:57,120

She had the same huge bruise, which was not painful to her.

370

00:25:57,120 --> 00:26:01,920

Then I asked if I could see her belly button and I checked and she had the same thing as

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00:26:01,920 --> 00:26:03,240

I did.

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00:26:03,240 --> 00:26:08,720

Nothing in my psychiatric education, nothing in medical school, made me an expert on ufology

373

00:26:08,720 --> 00:26:10,360

and extraterrestrials.

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00:26:10,360 --> 00:26:12,120

They either exist or they don't exist.

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00:26:12,120 --> 00:26:15,040

They either abduct people or they don't abduct people.

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00:26:15,040 --> 00:26:16,040

But that's not the issue.

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00:26:16,040 --> 00:26:21,600

When somebody comes to me as a clinician, my job is to help them come to a point of comfort

378

00:26:21,600 --> 00:26:23,440

with their own experience.

379

00:26:23,440 --> 00:26:30,000

Dr. Rima Labo believes hypnotherapy may be unduly influencing alleged abductees.

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00:26:30,000 --> 00:26:33,680

She uses biofeedback to achieve similar states of relaxation.

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00:26:33,680 --> 00:26:38,080

Surprisingly, she's hearing the same kinds of abduction stories that have been reported

382

00:26:38,080 --> 00:26:39,800

by hypnotherapists.

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00:26:39,800 --> 00:26:47,240

They appear to have been overwhelmed by an episode outside their own control and making

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00:26:47,240 --> 00:26:51,240

which leaves them in a post-traumatic state.

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00:26:51,240 --> 00:26:52,440

That's very interesting.

386

00:26:52,440 --> 00:26:57,640

Either there's something very special about this fantasy that causes what otherwise does

387

00:26:57,640 --> 00:27:01,600

not occur or it's not a fantasy.

388

00:27:01,600 --> 00:27:04,120

This was the craft I saw in 1973 out in the backyard.

389

00:27:04,120 --> 00:27:06,280

This is pretty much what it looked like.

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00:27:06,280 --> 00:27:10,200

Brian Koski says his abduction was not a fantasy.

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00:27:10,200 --> 00:27:13,720

He has vivid recollections of being aboard alien spacecraft.

392

00:27:14,720 --> 00:27:21,640

These little silver panels that they tend to control a ship with their mind.

393

00:27:21,640 --> 00:27:24,000

This is the tail that seemed to do their navigation from.

394

00:27:24,000 --> 00:27:27,040

I always saw those.

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00:27:27,040 --> 00:27:32,360

I know something has happened to me, but I was in extreme denial.

396

00:27:32,360 --> 00:27:37,440

They can't tell the difference between whether it was a memory, a real event, or whether

397

00:27:37,440 --> 00:27:39,800

it was imagination.

398

00:27:39,800 --> 00:27:42,560

And this is the problem.

399

00:27:42,560 --> 00:27:45,760

Kurt had been troubled by periods of missing time.

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00:27:45,760 --> 00:27:50,960

He remembers several episodes of coming to on his back porch, not knowing how or when

401

00:27:50,960 --> 00:27:52,360

he'd gotten there.

402

00:27:52,360 --> 00:27:56,560

Under hypnosis, Kurt filled in the missing time.

403

00:27:56,560 --> 00:28:05,280

I looked down the stairs to my right and standing there was a being that is very hard to describe.

404

00:28:05,280 --> 00:28:10,440

It's unlike anything I have ever seen or have since seen.

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00:28:10,440 --> 00:28:13,400

It was approximately five foot tall.

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00:28:13,400 --> 00:28:17,360

I call it kind of a pillowy liquid kind of being.

407

00:28:17,360 --> 00:28:19,120

There's no form to it.

408

00:28:19,120 --> 00:28:24,880

The only thing that even remotely resembles a human was what I believed to be two little

409

00:28:24,880 --> 00:28:30,760

black like raggedy and doll eyes that it had in the area that looked like its head.

410

00:28:30,760 --> 00:28:35,200

Other than that, unlike anything that I've ever seen.

411

00:28:35,200 --> 00:28:38,600

Keith Thompson is the author of *Angels and Aliens*.

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00:28:38,600 --> 00:28:43,520

A book that tries to delineate between myth, imagination, and reality in the abduction

413

00:28:43,520 --> 00:28:44,680

phenomenon.

414

00:28:44,680 --> 00:28:50,040

Although he remains grounded in the laws of physics, Thompson still keeps an open mind.

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00:28:50,040 --> 00:28:54,960

I believe they've had experiences of a reality that is somehow both part of our reality but

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00:28:54,960 --> 00:28:57,160

also larger than our reality.

417

00:28:57,160 --> 00:29:00,720

It's almost as if my dog is sitting on the living room floor.

418

00:29:00,720 --> 00:29:03,840

I'm watching the evening news.

419

00:29:03,840 --> 00:29:07,920

I can follow what's going on in the evening news differently from my dog.

420

00:29:07,920 --> 00:29:09,240

My dog hears the sounds.

421

00:29:09,240 --> 00:29:14,040

He hears the news man and the reporter's voice but doesn't track it the same way I do.

422

00:29:14,040 --> 00:29:15,560

Doesn't track the content.

423

00:29:15,560 --> 00:29:20,400

Likewise, I think in relationship to the UFO phenomenon, we're tuned into it.

424

00:29:20,400 --> 00:29:21,880

But it is so dimensional.

425

00:29:21,880 --> 00:29:28,640

It is so complex and so much more comprehensive than our capacity to perceive it that we can

426

00:29:28,640 --> 00:29:32,280

only pick out those parts of the signal that fit for us.

427

00:29:32,280 --> 00:29:35,960

We do our best to explain them to ourselves but we end up having to try to fit it into

428

00:29:35,960 --> 00:29:38,880

our categories and I think the problem with that is that it just doesn't fit.

429

00:29:38,880 --> 00:29:41,040

It's a larger reality.

430

00:29:41,040 --> 00:29:45,880

I believe I've been touched by something that's not from this reality that we're used to.

431

00:29:45,880 --> 00:29:48,120

You're not just seeing something in the sky and seeing that was weird.

432

00:29:48,120 --> 00:29:51,960

This is something that affects you all your life.

433

00:29:51,960 --> 00:29:57,120

I know it as real as I'm sitting here talking to you people that what has happened to me

434

00:29:57,120 --> 00:29:59,680

has indeed happened.

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00:29:59,680 --> 00:30:02,440

Joining me now is psychologist Dr. Robert Baker.

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00:30:02,440 --> 00:30:04,960

He is professor emeritus from the University of Kentucky.

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00:30:04,960 --> 00:30:10,560

Dr. Baker is a researcher who believes that the alien abduction phenomenon is out of control.

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00:30:10,560 --> 00:30:16,120

Dr. Baker, if supposed abductees feel that they're being helped through therapy and hypnosis,

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00:30:16,120 --> 00:30:18,120

well, what's the harm in that?

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00:30:18,120 --> 00:30:21,400

There's no harm in hypnosis itself.

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00:30:21,400 --> 00:30:24,640

It can be used both for good and for evil.

442

00:30:24,640 --> 00:30:31,840

The problem is that the hypnotist should not mislead both himself and his client into believing

443

00:30:31,840 --> 00:30:36,520

certain things happened that never happened or believe that things didn't happen that

444

00:30:36,520 --> 00:30:37,720

did happen.

445

00:30:37,720 --> 00:30:42,080

What advice would you have Dr. Baker for someone who believes that they may have been the victim

446

00:30:42,080 --> 00:30:43,600

of an alien abduction?

447

00:30:43,600 --> 00:30:44,800

What should they do?

448

00:30:44,800 --> 00:30:50,520

You should go to see a therapist who can help you deal with the anxiety and the other aspects

449

00:30:50,520 --> 00:30:56,000

of your living that have been disturbed by this experience that you think you've had.

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00:30:56,000 --> 00:30:58,320

Dr. Robert Baker, thank you for joining us.

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00:30:58,320 --> 00:31:02,680

And we'll be back with more sightings in just a moment.

452

00:31:02,680 --> 00:31:06,040

Coming up, is time travel an amazing new possibility?

453

00:31:06,040 --> 00:31:15,760

It was very exhilarating, the initial impact of jumping into the future.

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00:31:15,760 --> 00:31:18,760

Throughout history there have been visionaries.

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00:31:18,760 --> 00:31:23,520

In the 15th century, Leonardo da Vinci was designing helicopters.

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00:31:23,520 --> 00:31:28,400

Is this ability to see into the future a special gift or something that lies dormant

457

00:31:28,400 --> 00:31:30,120

within all of us?

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00:31:30,120 --> 00:31:34,960

Hypnotherapist Dr. Chet Snow believes that he may hold the key to unlocking a visionary

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00:31:34,960 --> 00:31:38,040

power we all have.

460

00:31:38,040 --> 00:31:42,040

The first step, paradoxically, is to forget.

461

00:31:42,040 --> 00:31:46,320

Forget your preconceived notions about past, present and future.

462

00:31:46,320 --> 00:31:50,640

Allow your mind to ask the same questions great philosophers have asked since the beginning

463

00:31:50,640 --> 00:31:52,240

of history.

464

00:31:52,240 --> 00:31:59,360

What is time and can I travel through?

465

00:31:59,360 --> 00:32:04,920

It was very exhilarating, the initial impact of jumping into the future.

466

00:32:04,920 --> 00:32:10,120

I was a little afraid the first time when I experienced my death in this life.

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00:32:10,120 --> 00:32:12,680

That was kind of scary.

468

00:32:12,680 --> 00:32:15,120

I like the world like it is now.

469

00:32:15,120 --> 00:32:18,160

I'm not sure about the vision I saw of the future.

470

00:32:19,160 --> 00:32:23,640

I want to start out by having us take a few deep breaths.

471

00:32:23,640 --> 00:32:25,880

So just close your eyes.

472

00:32:25,880 --> 00:32:30,200

Their visions are the result of a process called future life progression.

473

00:32:30,200 --> 00:32:35,920

In Santa Fe, New Mexico, Dr. Chet Snow believes relaxation techniques and hypnosis allow his

474

00:32:35,920 --> 00:32:40,960

clients to transcend time and experience a possible future.

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00:32:40,960 --> 00:32:46,680

It is essentially what we have found is that when you're in the dreaming mind, you can

476

00:32:46,680 --> 00:32:53,880

bypass this concept of past to present to future and you're sort of in an eternal now.

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00:32:53,880 --> 00:33:00,280

And so the mind can then look at the future and yet to the person who's experiencing it,

478

00:33:00,280 --> 00:33:06,480

it's what they're experiencing right at that moment and so it's like simultaneous to them.

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00:33:06,480 --> 00:33:12,080

Until recently, interdimensional time travel was considered an exclusive club whose membership

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00:33:12,080 --> 00:33:18,200

was limited to Nostradamus, Edward Casey and a handful of psychics and futurists.

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00:33:18,200 --> 00:33:22,880

Certainly looking for the future or hunting for the future is a very ancient tradition

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00:33:22,880 --> 00:33:27,400

and people have wanted to know about the future as long probably as there have been human beings

483

00:33:27,400 --> 00:33:28,680

on the planet.

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00:33:28,680 --> 00:33:34,840

What has changed is that now instead of relying on a few psychics who have this extraordinary

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00:33:34,840 --> 00:33:41,560

ability to look into the future, ordinary people can actually do a workshop and look

486

00:33:41,560 --> 00:33:43,320

into their own future.

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00:33:43,320 --> 00:33:46,480

Now people can see a very personalized vision.

488

00:33:46,480 --> 00:33:52,160

We were supposed to die and experience our life in the future but for some reason it

489

00:33:52,160 --> 00:33:56,240

triggered me to experience my death in this life.

490

00:33:56,240 --> 00:33:59,040

So I wasn't really ready for that but it happened.

491

00:33:59,040 --> 00:34:03,280

When I looked in the mirror, I scared myself and I was really, really skinny and I looked

492

00:34:03,280 --> 00:34:08,680

at my legs and they looked like polio legs and I think I was like dying of some disease

493

00:34:08,680 --> 00:34:11,880

where you just get initiated.

494

00:34:11,880 --> 00:34:16,160

Death is an inevitable stage in any future life progression but it doesn't necessarily

495

00:34:16,160 --> 00:34:17,240

end there.

496

00:34:17,240 --> 00:34:23,000

Both Michael Husband and Joff Seljes experienced a personal future that took them to the sea.

497

00:34:23,000 --> 00:34:24,840

So the year was 2150.

498

00:34:24,840 --> 00:34:30,160

I was working in a underwater station.

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00:34:30,160 --> 00:34:39,880

There were tanks filled with fish and there were long trays of salt water that also had

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00:34:39,880 --> 00:34:41,440

sea life in them.

501

00:34:41,440 --> 00:34:43,080

And I was a monitor of some kind.

502

00:34:43,080 --> 00:34:49,720

I had machinery, I had notes and my job was to monitor the sea life.

503

00:34:49,720 --> 00:34:55,320

I was piloting a vehicle which went in and out of the water, up and down.

504

00:34:55,320 --> 00:34:58,440

When I went under the water, the water was very clear and blue.

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00:34:58,440 --> 00:35:03,520

There were perhaps domes or something down at the ocean floor.

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00:35:03,520 --> 00:35:07,320

I did look at a calendar and it was 2150.

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00:35:07,320 --> 00:35:08,720

That was the year.

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00:35:08,720 --> 00:35:13,400

Brainwave patterns recorded during future life progressions, mimic those recorded in

509

00:35:13,400 --> 00:35:14,400

the dream state.

510

00:35:14,400 --> 00:35:20,960

But Joff and Michael believe they have shared a vision of the future that cannot be a dream.

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00:35:20,960 --> 00:35:26,240

We were both very stunned to find that we both had very, very similar visions.

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00:35:26,240 --> 00:35:28,480

We had seen the same landscape.

513

00:35:28,480 --> 00:35:34,280

I suspect that I was patrolling the same ocean where his station was located.

514

00:35:34,280 --> 00:35:36,760

We described the same living quarters.

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00:35:36,760 --> 00:35:42,040

So there were a lot of things, similarities that were surprising to us.

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00:35:42,040 --> 00:35:46,600

Because time travel is an interior process, it can't be measured or charted.

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00:35:47,040 --> 00:35:51,840

But while many in mainstream science dismiss future life progression as a mental exercise,

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00:35:51,840 --> 00:35:55,440

they do believe in the possibility of time travel.

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00:35:55,440 --> 00:36:00,280

In the realm of physics, time travel is possible in principle.

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00:36:00,280 --> 00:36:05,360

If we look at particles and objects that are the size of atoms, they can be sped up enough

521

00:36:05,360 --> 00:36:08,480

so that we can see real time changes.

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00:36:08,480 --> 00:36:13,420

For ordinary sized objects, people, rocket ships, airplanes, ordinary clocks, the speeds

523

00:36:13,420 --> 00:36:19,420

that are practical with current technology are simply too low to actually get any significant

524

00:36:19,420 --> 00:36:21,020

change in time.

525

00:36:21,020 --> 00:36:26,540

But after 25 years teaching physics, Dr. Jones feels there's much we don't understand yet.

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00:36:26,540 --> 00:36:33,180

Personally, I think that time travel through hypnotic projection or some other kind of

527

00:36:33,180 --> 00:36:40,660

mental gymnastics is a possibility because I do believe that our current notions about

528

00:36:40,660 --> 00:36:45,580

time and space, as defined and described in science, are not the whole story.

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00:36:45,580 --> 00:36:49,740

I don't believe that we really understand everything there is to know about existence

530

00:36:49,740 --> 00:36:51,300

and time and space and matter.

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00:36:51,300 --> 00:36:55,780

At least I'm open to these other possibilities, and I do think they're possible.

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00:36:55,780 --> 00:36:57,980

I personally am optimistic about the future.

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00:36:57,980 --> 00:37:03,700

I think that once humanity gets awakened, then we will make positive and correct choices,

534

00:37:03,700 --> 00:37:07,740

and the future will turn out to be much brighter than some of the people have seen in these

535

00:37:07,740 --> 00:37:08,940

future dreams.

536

00:37:09,060 --> 00:37:14,620

Dr. Snow believes these visions come when the conscious mind releases its preconceptions

537

00:37:14,620 --> 00:37:20,980

about past, present and future, and steps into the time-space continuum, a concept first

538

00:37:20,980 --> 00:37:27,180

suggested by a visionary named Albert Einstein.

539

00:37:27,180 --> 00:37:31,900

Hypnosis has been used to great advantage by a number of professional therapists.

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00:37:31,900 --> 00:37:36,820

But it's wise to remember that it's also been used by a professional showman in carnivals.

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00:37:36,820 --> 00:37:41,700

For investing time and money in hypnotherapy, do your own research, investigate the claims

542

00:37:41,700 --> 00:37:48,380

made by the therapists, talk to former patients, and then make an informed decision.

543

00:37:48,380 --> 00:37:54,500

Next, is an alien intelligence using music to communicate through these crop circles.

544

00:37:54,500 --> 00:37:59,700

All of the right keys on the piano are present in the crop circles.

545

00:38:00,700 --> 00:38:08,580

Astronomer Gerald Hawkins drew worldwide attention when he proved mathematically that Stonehenge

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00:38:08,580 --> 00:38:11,180

is a giant celestial calendar.

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00:38:11,180 --> 00:38:15,060

Now, Dr. Hawkins has turned his attention to crop circles.

548

00:38:15,060 --> 00:38:20,420

He believes that some crop circles display geometric principles so advanced they can

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00:38:20,420 --> 00:38:27,020

only have been created by the greatest mathematical minds on this planet.

550

00:38:27,020 --> 00:38:29,980

Geometry turns shapes into numbers.

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00:38:29,980 --> 00:38:31,140

Here's an easy one.

552

00:38:31,140 --> 00:38:33,780

Two circles, one inside another.

553

00:38:33,780 --> 00:38:37,180

The big circle is twice as big as the little circle.

554

00:38:37,180 --> 00:38:39,740

In geometry, that's called a ratio of two to one.

555

00:38:39,740 --> 00:38:43,620

The big circle is two times the size of the little circle.

556

00:38:43,620 --> 00:38:48,700

Advanced mathematicians, like Professor Hawkins, can figure out ratios for almost every geometric

557

00:38:48,700 --> 00:38:53,860

pattern where we see just three circles, he sees a ratio of 16 to 3.

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00:38:53,860 --> 00:38:56,500

Here we see three enigmatic crop circles.

559

00:38:56,500 --> 00:38:58,660

Hawkins sees mathematical genius.

560

00:38:58,660 --> 00:39:04,900

The circle makers have set up a theorem where we can prove by Euclidean geometry that the

561

00:39:04,900 --> 00:39:15,860

large circle is exactly 16 over 3 times the area of the middle circle, 16 thirds.

562

00:39:15,860 --> 00:39:23,060

A very strange number, but it's exactly the note of F in the third octave.

563

00:39:23,060 --> 00:39:26,060

How can a fraction be a musical note?

564

00:39:26,060 --> 00:39:29,260

Different notes travel to your ear at different frequencies.

565

00:39:29,260 --> 00:39:31,580

C is wavier than G.

566

00:39:31,580 --> 00:39:36,860

The difference between C and G, like the difference between geometric shapes, can be written down

567

00:39:36,860 --> 00:39:38,380

as a ratio.

568

00:39:38,380 --> 00:39:41,300

Here are the ratios for one musical scale.

569

00:39:41,300 --> 00:39:44,980

Here are the ratios of eight crop circles Hawkins has studied.

570

00:39:44,980 --> 00:39:48,660

Strange numbers, but they're exactly the same.

571

00:39:48,660 --> 00:39:55,860

The maker of the circles is, we have to admit, clever, not only in making them, but in what

572

00:39:55,860 --> 00:39:59,160

is encoded in them.

573

00:39:59,160 --> 00:40:02,940

One possibility is that they're not humans.

574

00:40:02,940 --> 00:40:09,740

Is someone or something with a superior intellect sending us messages through these complex circles?

575

00:40:09,740 --> 00:40:14,700

Are these combinations of geometric patterns really combinations of notes that play out

576

00:40:14,700 --> 00:40:16,880

an extraterrestrial message?

577

00:40:16,880 --> 00:40:22,000

At the University of California, San Diego, professor of music, F. Richard Moore, is looking

578

00:40:22,000 --> 00:40:26,000

for a musical message that might be encoded in the crop circles.

579

00:40:26,000 --> 00:40:30,480

What I did was to use a computer to synthesize the sounds so we actually hear them in the

580

00:40:30,480 --> 00:40:35,000

precise relationships that they are expressed in these mathematical theorems.

581

00:40:35,000 --> 00:40:41,280

The first set of results is just a sequence of 14 different sounds that correspond to

582

00:40:41,280 --> 00:40:49,200

the 14 different crop circle theorems that I've been provided with.

583

00:40:49,200 --> 00:40:53,920

After playing the circles one at a time, Professor Moore combined them.

584

00:40:53,920 --> 00:41:02,000

This is the crop circle chord, and it's all 14 of these messages combined into a single

585

00:41:02,000 --> 00:41:10,960

chord that lasts for several seconds.

586

00:41:11,640 --> 00:41:19,400

In trying to communicate things between different species or different types of intelligent

587

00:41:19,400 --> 00:41:24,080

beings, we have to rely on things that are very fundamental, having to do with basic

588

00:41:24,080 --> 00:41:30,200

relationships because we have no conventional way of discussing things when you don't know

589

00:41:30,200 --> 00:41:35,240

even the size of someone or what temperatures they like to live at and this sort of thing.

590

00:41:35,240 --> 00:41:39,720

Could the math of the crop circles and their musical properties simply be the product of

591

00:41:39,720 --> 00:41:43,240

a coincidence and an overactive imagination?

592

00:41:43,240 --> 00:41:45,640

Fields don't naturally lie down in circles.

593

00:41:45,640 --> 00:41:49,320

Lots of crop fields have lots of tramlings in them.

594

00:41:49,320 --> 00:41:52,760

Horses and cows walk around in grains of wheat and barley all the time.

595

00:41:52,760 --> 00:41:54,800

They don't leave circles.

596

00:41:54,800 --> 00:41:57,600

Circles are special and that's why we recognize them.

597

00:41:57,600 --> 00:42:03,000

They are too special to suspect that they're there for no reason at all.

598

00:42:03,000 --> 00:42:07,280

Professor Moore's passion for music and his skill with computers challenges him to search

599

00:42:07,320 --> 00:42:10,480

for meaning in the crop messages that lie a continent away.

600

00:42:10,480 --> 00:42:12,920

He believes though that we've got a long way to go.

601

00:42:12,920 --> 00:42:19,480

The stage of development that we're at is, corresponds to a tribe of Neanderthals discovering

602

00:42:19,480 --> 00:42:25,000

suddenly a grand piano sitting in the middle of a field and our problem is to discover

603

00:42:25,000 --> 00:42:29,080

its function and to learn to use it.

604

00:42:29,080 --> 00:42:33,360

And it'll be a while I think before we figure it out.

605

00:42:33,360 --> 00:42:39,360

The idea of using music as a form of intergalactic communication is not unique to Dr. Hawkins.

606

00:42:39,360 --> 00:42:45,120

When NASA launched the Voyager space probe in 1977, among its cargo was a 12-inch copper

607

00:42:45,120 --> 00:42:50,520

disc and a playing needle in case the Voyager was intercepted by intelligent life.

608

00:42:50,520 --> 00:42:55,200

The record carried greetings in 55 different languages, a message from then President Jimmy

609

00:42:55,200 --> 00:42:58,080

Carter and 90 Minutes of Music.

610

00:43:04,320 --> 00:43:09,800

If you've had a paranormal experience, call the Sightings Hotline at 190933 site.

611

00:43:09,800 --> 00:43:13,240

That's 1909337444.

612

00:43:13,240 --> 00:43:16,760

Each call 65 cents a minute, average call lasts three minutes.

613

00:43:16,760 --> 00:43:18,400

Sightings is also online.

614

00:43:18,400 --> 00:43:23,280

Our email addresses sightings at aol.com.

615

00:43:23,280 --> 00:43:28,040

On the next edition of Sightings, survivors thought it was the end of the world, an explosion

616

00:43:28,040 --> 00:43:30,040

bigger than 2,000 A-bombs.

617

00:43:30,040 --> 00:43:33,960

And now, Russian scientists believe a UFO crashed in Siberia.

618

00:43:33,960 --> 00:43:38,960

Then, a grisly supernatural force may have caused these bizarre deaths.

619

00:43:38,960 --> 00:43:43,640

And you can't see it, you can't touch it, but a mysterious ghostly energy has been

620

00:43:43,640 --> 00:43:48,880

captured on tape in an exclusive Sightings investigation.

621

00:43:48,880 --> 00:43:50,000

That's next time.

622

00:43:50,000 --> 00:43:55,560

Until then, remember, no mystery is closed to an open mind.

623

00:43:55,560 --> 00:43:57,160

For Sightings, I'm Tim White.

624

00:44:00,040 --> 00:44:05,040

Next on Sci-Fi, The Sentinel.